

**SPECIALISTS IN THE FIELD OF PHYSICAL EDUCATION AND
SPORTS MANAGEMENT ARE THE MODELS OF PROFESSIONAL
DEVELOPMENT**

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ABSTRACT

The main directions of modernization of the system of physical education in educational institutions and improvement of physical education preparation for young people, improvement of the system of physical education and sports for students Bo'isha shoga events, as well as increasing the effectiveness of compulsory physical education in the educational system Bo'isha recommendations to be implemented by the council. To this end, the issue of development of physical education and sports sphere in Uzbekistan is also considered at the level of public policy, it is used as a guaranteed means of simplification of the gene pool of the nation, the upbringing of a generation with physical and mental potential and an important area of strategic importance in promoting the ideas of national independence. The article examines the conceptual model of the development of professional skills of specialists in the field of physical education and sports management.

KEYWORDS: *Physical Education, Sports, Innovation, Sports Coach, Healthy Lifestyle.*

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