

## A STUDY OF DEPRESSION, ANXIETY AND STRESS AMONG TRANSGENDER: A COMPARATIVE ANALYSIS

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### ABSTRACT

*Being a human does not mean being a male or female only. Lesbian, gay, bisexual, transgender, intersex, queer (LGBTIQ) individuals represent sexual and gender minorities who face substantial sexual and social stigma in India. The present study aimed to compare depression, anxiety and stress among transgender and cisgender. The sample consisted of 45 subjects( 15 transgender, 15 males and 15 females) and age range was 20-25 years and subjects were randomly selected from Ambala and Chandigarh. The Depression Anxiety Stress Scale (DASS-21) (Lovibond & Lovibond, 1995) was uniformly administered. To check the group differences one way ANOVA was applied. After getting significant values on ANOVA, post hoc test was done by applying SCEFFE'S test for multiple comparisons. Results were tabulated. Transgender were high on depression, anxiety and stress in relation to females and males. It can also be observed that females are high on depression, anxiety and stress in relation to males.*

**KEYWORDS:** Transgender, Cisgender, Depression, Stress, Anxiety.

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