

## PSYCHOLOGICAL ASPECTS OF THE STUDENT'S ATTITUDE TO HIS HEALTH

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### ABSTRACT

*The article covers the psychological aspects of the student's attitude to his health. In this, mental health analyzed the main components of the attitude towards health (cognitive, behavioral and emotional). Also, the levels of relationships of students as values for health have been identified and analyzed.*

**KEYWORDS:** *Student, Health, Mental Health, Attitude To Health, Student's Attitude To Health As A Value.*

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