

PROBLEMS OF PHYSICAL DEVELOPMENT OF PRESCHOOL CHILDREN AND JUNIOR SCHOOL CHILDREN

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ABSTRACT

The article tells about the problems that arise in the process of physical education and physical development of preschoolers and younger schoolchildren and ways to solve them, physical education in several schools and preschool educational organizations, the learning process was observed and the results were analyzed.

KEYWORDS: *Periodization, Physical Development, Preschool Age, Primary School, Age Characteristics, Physical Exercises, Anatomical And Physiological, Puberty, Scoliosis, Kyphosis, Growth Process, Physical Condition, Class Teacher, Educator, Load, Health Improvement, Physical Education, Sports , Active Games, Functional Growth.*

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