### Asian Journal of Multidimensional Research

ISSN: 2278-4853 Vol. 13, Issue 6, June 2024 SJIF 2022 = 8.179 A peer reviewed journal

# COMPARATIVE STUDY OF ORPHANS AND NON-ORPHANS IN TERMS OF RESILIENCE

#### Dr. Rabia Aftab\*

\*Lecturer, Bath Spa University RAK UAE Email id: rabia@bathspa.ae

DOI: 10.5958/2278-4853.2024.00013.6

#### **ABSTRACT**

Orphans are children who are deprive from parents and feel isolated and lonely. The current study investigates the differences among orphans and non-orphans in terms of resilience. The samples of 50 orphans were collected from orphanages and 50 non-orphans were selected from different school of Aligarh UP India. T-test was used for the analyses. The result of the study revealed a significant difference between orphans and non-orphans in terms of resilience where orphans were found to be less resilient as compared to non-orphans.

#### **KEYWORDS:** Orphans, Resilience, Non-Orphans.

#### **REFERENCES:**

- **1.** Bhat, N, M. (2015). A study of emotional instability and depression in orphan secondary school students. International Journal of Education and Psychological Research, 3(2), 95-100.
- 2. Cheraghi, M,A., Fomani, F,K., Ebadi, A., Gartland, D., & Ghaedi,Y. (2021). Hope under the shadow of fear and uncertainty: Resilience factors among working adolescents. Nursing Practice Today, 8(2), 155-166.
- **3.** Connor, K. M., & Davidson, J. R. (2003). Development of a new resilience scale: The Connor Davidson resilience scale (CD-RISC). Depression and Anxiety, 18(2), 76-82
- **4.** Dias, P. C., &Cadime, I. (2017). ). Protective factors and resilience in adolescents: The mediating role of self-regulation. Psicología Educativa, 23(1), 37-43. <a href="http://dx.doi.org/10.1016/j.pse.2016.09.003">http://dx.doi.org/10.1016/j.pse.2016.09.003</a>
- **5.** Gupta, S., &Sudhesh, N. T. (2019). Grit, self-regulation and resilience among college football players: A pilot study. International Journal of Physiology, Nutrition and Physical Education, 4(1), 843-848.
- **6.** Seligman, E. P. M., & Csikszentmihalyi, M. (2000). Positive psychology. American Psychologist, 55, 5-14. http://dx.doi.org/10.1037/0003-066X.55.1.5
- **7.** Singh,R., Mahota,S., Singh,B., Thapa,J., &Gartland,D. (2019). Resilience in Nepalese adolescents: Socio-demographic factors associated with low resilience. Journal of Multidisciplinary Healthcare 12, 893-902. https://doi.org/10.2147/JMDH.S226011

## Asian Journal of Multidimensional Research

ISSN: 2278-4853 Vol. 13, Issue 6, June 2024 SJIF 2022 = 8.179 A peer reviewed journal

**8.** Vinayak, S., & Judge, J. (2018). Resilience and empathy as predictors of psychological wellbeing among adolescents. International Journal of Health Sciences and Research. 8(4), 192–200.