

### **TAJMMR**

Editor-in-Chief: Dr. Karun Kant Uppal

ISSN (online) : 2279-0667

Impact Factor : SJIF 2018 = 5.946

Frequency : Monthly
Country : India
Language : English
Start Year : 2012

Published by : www.tarj.in

Indexed/ Listed at : Ulrich's Periodicals

Directory, ProQuest, U.S.A.

E-mail ID: tarjjournals@gmail.com

## VISION

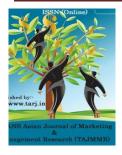
The vision of the journals is to provide an academic platform to scholars all over the world to publish their novel, original, empirical and high quality research work. It propose to encourage research relating to latest trends and practices in international business, finance, banking, service marketing, human resource management, corporate governance, social responsibility and emerging paradigms in allied areas of management. It intends to reach the researcher's with plethora of knowledge to generate a pool of research content and propose problem solving models to address the current and emerging issues at the national and international level. Further, it aims to share and disseminate the empirical research findings with academia, industry, policy makers, and consultants with an approach to incorporate the research recommendations for the benefit of one and all.





(Double Blind Refereed & Reviewed International Journal)

SR. NO.	PARTICULAR	PAGE NO	DOI NUMBER
1.	ACADEMIC STRESS AMONG PROFESSIONAL STUDENTS: AN EMPIRICAL STUDY  Saira Khatoon	4-15	10.5958/2279-0667.2019.00034.8
2.	"TO ANALYZE THE PORTRAYAL OF DEFENCE FORCES ON NATIONAL TELEVISION"  Mr. Soumyabrata Sengupta	16-23	10.5958/2279-0667.2019.00035.X
3.	REVIEW OF LITERATURE ON EFFECT OF MALL ENVIRONMENT ON SHOPPERS' BEHAVIOUR  Dr. K. Venkatesh	24-36	10.5958/2279-0667.2019.00036.1
4.	ROLE OF TECHNOLOGY IN INFORMAL ENTREPRENEURSHIP: A CASE STUDY OF HAIRDRESSING SALOONS IN DAVANGERE Mr. Gururaj B.L	37-48	10.5958/2279-0667.2019.00037.3





(Double Blind Refereed & Reviewed International Journal)

DOI NUMBER: 10.5958/2279-0667.2019.00034.8

### ACADEMIC STRESS AMONG PROFESSIONAL STUDENTS: AN EMPIRICAL STUDY

#### Saira Khatoon\*

\*Assistant Professor, Teerthanker Mahaveer University, TMIMT, Moradabad, UP, INDIA Email id: saira.management@tmu.ac.in

#### **ABSTRACT**

Academic stress is a significant issue among students and dealing with student's psychological stress as it is associated with mental health problems such as depression, anxiety and suicidal ideation. The latest available data indicates that more students in Asian countries such as India, China, Singapore, Korea, Japan and Chinese Taiwan are the victim of academic stress compared to students from western countries. Students have different expectations, goals and values that they want to fulfill, which is only possible if they are integrated with that of the institution. The purpose of the present study is to explore the study of academic stress among students as well to examine the relationship between all factors of academic stress (personal factors, educational factors and environmental factors)among UG and PG students. For this purpose a research instrument was developed and the data was collected from UG and PG programs run by TeerthankerMahaveer University, Moradabad. The sample size was 179 out of which there were 91 female students and 88 male students. Respondents' age ranged from 18 to 25 years. Reliability and validity of the questionnaire was tested and finalized. Statistical tools such as t- test and Correlation were applied to come up with concrete results to further put forth certain recommendations to ease up academic stress.

**KEYWORDS:** Academic stress, Personal factors, Educational factors, Environmental factors

#### REFERENCES

Anderman, E.M. (2002). School effects on psychological outcomes during adolescence. *Journal of Educational Psychology*, Vol. 94 No. 4, pp. 795-809.

Ang, R.P. and Huan, V.S. (2006). Academic expectations stress inventory: development, factor analysis, reliability, and validity. *Educational and Psychological Measurement*, Vol. 66 No. 3, pp. 522-539.

Arun, P. and Chavan, B.S. (2009). Stress and suicidal ideas in adolescent students in Chandigarh. *Indian J Med Sci*, Vol. 63 No. 7, pp. 281-287.

Bjorkman, S.M. (2007).Relationships among academic stress, social support, and internalizing and externalizing behavior in adolescence. PhD dissertation, Northern Illinois University, Dekalb, IL.

Budding ton, S. A. (2002). Acculturation, psychological adjustment (stress, depression, self-esteem) and the academic achievement of Jamaican immigrant college students. *International Social Work* 45(2): 447–465.

Brown, S.L., Teufel, J.A., Birch, D.A. and Kancherla, V. (2006). Gender, age, and behavior differences in early adolescent worry. *Journal of School Health*, Vol. 76 No. 8, pp. 430-437.

Christie, E. and Macmullin, C. (1998), "What do children worry about? *Australian Journal of Guidance and Counseling*, Vol. 8 No. 1, pp. 9-24.

Caplan, R.D., Cobb, S., French, J.R.P., Van Harrison, R. and Pinneau, S.R. (1975), *Job Demands and Worker Health*, Health Education Welfare, Washington, DC, pp. 75-160.

Deb, S., Majumdar, B. and Sun, J. (2011). Academic stress, parental pressure, anxiety and mental health among Indian school students. paper presented at the International Conference on Students' Mental Health: Issues and Challenges, Puducherry, July 25-26.

Dodds, J. and Lin, C.D., (1991). Chinese teenagers' concerns about the future: a cross-national Comparison. *Adolescence*, Vol. 27 No. 106, pp. 481-486.

Field, T., Diego, M. and Sanders, C. (2001). Adolescent depression and risk factors. *Adolescence*, Vol. 36 No. 143, pp. 491-498.

Felsten, G., and Wilcox, K. (1992).Influences of stress and situation-specific mastery beliefs and satisfaction with social support on well-being and academic performance. *Psychological Reports* 70(1): 291–303.

Gallagher, M. and Millar, R. (1996). A survey of adolescent worry in Northern Ireland. *Pastoral Care in Education*, Vol. 14 No. 2, pp. 26-32.

Gillock, K. L., and Reyes, O. (1999). Stress, support, and academic performance of urban, low-income, Mexican–American adolescents. *Journal of Youth and Adolescence* 28(2): 259–282.

Gall, T. L., Evans, D. R., and Bellerose, S. (2000). Transition to first-year University: patterns of change in adjustment across life domains and time. *Journal of Social and Clinical Psychology* 19(4): 544–567.

Greenhaus, J.H. and Parasuraman, S. (1987) A work no work interactive perspective of stress and its consequences", in Ivancevich, M. and Ganster, D.C. (Eds), *Job Stress: From Theory to Suggestion*, The Howarth Press, New York, NY.

Huan, V.S., See, Y.L., Ang, R.P. and Har, C.W. (2008). The impact of adolescent concerns on their academic stress. *Educational Review*, Vol. 60 No. 2, pp. 169-178.

Kouzma, N.M. and Kennedy, G.A. (2000). Self-reported sources of stress in senior high school Students. *Psychological Reports*, Vol. 94 No. 1, pp. 314-316.

Kariv, D., & Heiman, T. (2005). Task-oriented versus emotion-oriented coping strategies: The case of college students. *College Student Journal*. Retrieved February 9, 2007, from http://www.findarticles.com/p/articles/mi\_m0FCR/is\_1\_39/ai\_n13603935.

Lazarus, R. S. (1966). *Psychological Stress and the Coping Process*, McGraw-Hill, New York, NY.

Lazarus, R. S., and Folkman, S. (1984). *Stress, Appraisal, and Coping*, Springer Publishing Co, New York.

Lazarus, R.S. (1991). Psychological stress in the workplace. *Journal of Social Behavior and Personality*, Vol. 6, pp. 1-13.

Mallinckrodt, B. (1988). Student retention, social support, and dropout intention: Comparison of black and white students. *Journal of College Student Development* 29(1): 60–64.

Misra, R. (2000). Academic stress of college students: Comparison of student and faculty perceptions. *College Student Journal*, 21, 1-10.

Perrine, R. M. (1999). Stress and college persistence as a function of attachment style. *Journal of the First Year Experience and Students in Transition* 11(1): 25–38.

Pritchard, M. E., and Wilson, G. S. (2003). Using emotional and social factors to predict student success. *Journal of College Student Development* 44(1): 18–28.

Pearlin, L. I. (1989). The sociological study of stress. *Journal of Health and Social Behavior* 30(3): 241–256.

Russell, R.K., and Petrie, T.A. (1992). Academic adjustment of college students: Assessment and counseling. In: Lent, R. W. (eds.), *Handbook of Counseling Psychology*, 2nd ednd edition, John Wiley and Sons, Inc, Hoboken, NJ, pp. 485–511.

Stogdill, R.M. (1974), Handbook of Leadership: A Survey of Theory and Practice, Free Press, New York, NY.

Steinhardt, M., &Dolbier, C. (2008). Evaluation of a resilience intervention to enhance coping strategies and protective factors and decrease symptomatology. *Journal of American College Health*, 56, 445-453.

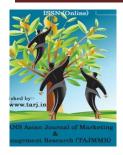
Tang, N.Y.Y. and Westwood, P. (2007). Worry, general self-efficacy and school achievement: an exploratory study with Chinese adolescents. *Australian Journal of Guidance and Counseling*, Vol. 17 No. 1, pp. 68-80.

Von Ah, D., Ebert, S., Ngamvitroj, A., Park, N., & Kang, D. (2004). Predictors of health behaviors in college students. *Journal of Advanced Nursing*, 48(5), 463-474.

Verma, S., Sharma, D. and Larson, R.W. (2002). School stress in India: effects on time and daily emotions. *International Journal of Behavioral Development*, Vol. 26 No. 6,pp. 500-508.

Whitman, N.A., Spendlove, D.C. and Clark, C.H. (1984), ASHE-ERIC Higher Education Research Report No. 2 Student Stress: Effects and Solutions, ERIC Clearinghouse on Higher Education and Association for the Study of Higher Education (ASHE), Washington, DC.

Zhang, Z., and RiCharde, R. S. (1998). Prediction and Analysis of Freshman Retention. Minneapolis, MN: Paper presented at the Annual Forum of the Association for Institutional Research.





(Double Blind Refereed & Reviewed International Journal)

DOI NUMBER: 10.5958/2279-0667.2019.00035.X

### "TO ANALYZE THE PORTRAYAL OF DEFENCE FORCES ON NATIONAL TELEVISION"

Mr. Soumyabrata Sengupta\*

\*Student, Amity School of Communication, INDIA Email id: sengupta199991@gmail.com

#### **ABSTRACT**

The topic of research is about the defence forces of the country which include the Army, the Navy, the Air Force, the Coast Guard and the various Paramilitary Forces like the CISF, the CRPF, the BSF, etc. The term paper covers various aspects of these forces and brings out the real issues faced by the forces and our country. The term paper involves careful analysis of what journalists usually say about the Defence forces on national television. Various matters like One Rank One Pension (OROP), the complimentary facilities enjoyed by the military personnel, the proof of the Surgical Strike, etc have been discussed. The research paper would also delve into various statements that politicians have made on national media, as politicians are reckoned to exemplify the ideology of the people of the country. The term paper will also differentiate between nationalism, Hyper-nationalism and Pseudo-nationalism and how some of these are used as tools by the politicians to fool people and used by the media organisations just for some more TRP. Above all, the term paper would highlight the real issues faced by the soldiers and would suggest what the media should do in order to make the situation better and what they should not.

**KEYWORDS:** TRP, OROP, transparency, rigidity, modernization, implementation

### **REFERENCES**

Web Links:

- 1. https://en.wikipedia.org/wiki/Indian\_Armed\_Forces
- 2. http://oneindiaonepeople.com/challenges-indian-army/

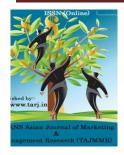
TRANS Asian Research Journals http://www.tarj.in

### ISSN: 2279-0667 Vol 8, Issue 12, December 2019, Impact Factor: SJIF 2018 = 5.946

- **3.** https://thewire.in/government/time-openly-talk-problems-faced-indian-armed-forces
- **4.** https://economictimes.indiatimes.com/news/defence/significant-steps-towards-modernization-of-armed-forces-but-challenges-remain/articleshow/67405882.cms

#### **Television:**

- 1. The Newshour Debate on Times Now
- 2. Patriot on Republic TV
- 3. NDTV News





(Double Blind Refereed & Reviewed International Journal)

DOI NUMBER: 10.5958/2279-0667.2019.00036.1

# REVIEW OF LITERATURE ON EFFECT OF MALL ENVIRONMENT ON SHOPPERS' BEHAVIOUR

Dr. K. Venkatesh\*

\*Assistant Professor,
PG & Research Department of Commerce,
Sri Vijay Vidyalaya College of Arts & Science,
Dharmapuri, INDIA
Email id: venkatkcp@gmail.com

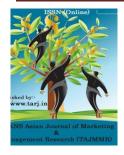
#### **ABSTRACT**

In India, there appears to be a mushroom growth of malls in major metropolitan cities. These malls are busy with businesses run over to crores of rupees every day and weekends. These malls witness a heavy number of footfalls every day and are really giving customers a wide range of goods, services and offering customers rich and pleasurable shopping experience (Millan & Howard, 2006). This study attempts to provide an exhaustive review of prior theoretical literature of mall shopping behaviours. Moreover, today's customers are well informed and they make shopping, after considering various factors and, once they are satisfied that shopping gives them value for money, they visit to the mall fulfilling these criteria. Further, the customers are very young in age and the lifestyle and the behavior of these customers indicate that they place much importance to the mall environment while they go for shopping. He also sounded that good ambience, such as proper layout, appropriate display of merchandise, cleanliness, courteous response of the salesmen and accessibility to stores conveniently from all quarters, led to contribute to the successful story of any retail store. Hence, the present study has been made as an attempt to analyse the effect of mall environment on shoppers' behaviour.

**KEYWORDS:** Consumer Behavior, Buying Motives, Mall Internal Environment, Mall External Environment

#### REFERENCE

- Aayush Chowdhury & Abhishek Kapoor. (2005). Profiling the Young Indian Consumer. *Advertising Express*, 5(9), 83-85.
- Aditi Bhatnagar & Kirti Agarwal. (2015). Attributes Affecting Consumers to Attract towards Mall An Empirical Study. *Arabian Journal of Business and Management Review*, 4(8), 10.
- Baker, J., Parasuraman, A., Grewal, D., & Voss, G.B. (2002). The Influence of Multiple Store Environment Cues on Perceived Merchandise Value and Patronage Intentions. *Journal of Marketing*, 66(2), 120-141.
- Barbieri, K. (2005). The Mall is Dropping the Ball. Amusement Business, 118, 52-53
- Baseer, A. & Laxmi Prabha, G. (2007). Prospects and Problems of Indian Retailing. *Indian Journal of Marketing*, *37*(10), 26-28.
- Choo, H.C., Chung, J. E., & Pysarchik, D.T. (2004). Antecedents to New Food Product Purchasing Behaviour among Innovators Groups in India. *European Journal of Marketing*, 38 (5/6), 608-625.
- Cynthia Astono. (2014). The Effect of Shopping Mall's Attributes towards Customer Satisfaction of ABC Mall and XYZ Mall. *Ibuss Management*, 2(2), 105.
- Dalia, A., Farrag Ismail M., El Sayed Russell W., Belk & Mall. (2010). Shopping Motives and Activities: A Multimethod Approach. *Journal of International Consumer Marketing*, 22(5), 101.
- Davies Gary. (1995). Bringing Stores to Shoppers Not Shoppers to Stores. *International Journal of Retail & Distribution Management*, 23(1), 18-23.
- Gupta, S.L. & Kaur, Tripat. (2006). The Framing of Promotional Strategies and its Relation with Attributes of Stores as Perceived by Shoppers in a Shopping Mall. *Amity Business Review*, 7(2), 24–32.
- Hennig-Thurau, T., Gwinner, K., Walsh G., & Gremler, D. (2004). Electronic Word-of-Mouth via Consumer Opinion Platforms: What Motivates Consumers to Articulate Themselves on the Internet?. *Journal of Interactive Marketing*, 18(2), 38-52.
- Howell, R.D. & Rogers, J.D. (2001). Research into Shopping mall Choice Behaviour, *Advances in Consumer Research*. 2(4), 24-29.
- <a href="http://censusindia.gov.in/Census\_And\_You/age\_structure\_and\_marital\_status.aspx">http://censusindia.gov.in/Census\_And\_You/age\_structure\_and\_marital\_status.aspx</a>
- Zhou, L. & Wong, A. (2004). Consumer Impulse Buying and In-Store Stimuli in Chinese Supermarkets. *Journal of International Consumer Marketing*, 16(2), 1





(Double Blind Refereed & Reviewed International Journal)

DOI NUMBER: 10.5958/2279-0667.2019.00037.3

# ROLE OF TECHNOLOGY IN INFORMAL ENTREPRENEURSHIP: A CASE STUDY OF HAIRDRESSING SALOONS IN DAVANGERE

Mr. Gururaj B.L\*

\*Research scholar,
Department of studies in commerce,
Davangere University and faculty in Commerce,
Davan Institute of Advance Management,
Studies and P.G Centre Davangere,
Karnataka, INDIA
Email id: gururajbl.111@rediffmail.com

#### **ABSTRACT**

**Introduction:** Technology is an application of knowledge to solve the practical problems of human life. The technology is consisted of techniques, skills, methods, and processes used in the production of goods and services to achieve desired goals. Technology is not only confined to computer, devices but also machines. The role of technology is profound which helps in stability and growth of any industry and economy. The hairdressing saloons which are in informal sector are using machines to provide services. **Objectives:** The present study brings light on the role of technology in development of hairdressing saloons and perception about technology among hairdressers. The study also attempts to find the entrepreneurial qualities possessed by the hairdressing saloons and problems faced by them. Method: The present study is based on primary data. 30 respondents were taken from the urban and rural areas which fairly represents Davangere city. The collected data have tabulated and analysed with the help of simple statistical tools through Spss software. Results: Majority of 68 percent of respondents were using technology but there is no growth. Individuals in hairdressing saloons possess entrepreneurial qualities. Fiancé, labour, place, electricity power are the problems to adopt technology. Conclusion: There are governmental programmes to formalisation of hairdressing saloons an training programmes are designed, power facility is provided, as a result there are a

large number organised salons can be started. The traditional hairdressing community can be protected and generates a large number of employment opportunities in the economy.

**KEYWORDS**: *Technology*, *Hairdressing saloons*, *Informal sector*, *Entrepreneurship*.

#### **REFERENCES AND NOTES:**

- 1. Rufus Akintaye.2008. European journal of economics, finance and administrative, sciences.Vol.11. "Reducing unemployment through the informal sector: A case study of Nigeria. P.99.
- **2.** M.Osita Ogbu.et.al (1989). Technology policy and practice in Africa: Technology and women venture in urban informal sector. PP.1-380.
- **3.** Tapas Pal (2010). The Journal of International Social Research. Vol.3 (14). "Social area analysis of barbers and changes: A micro level study of Bopular town, West Bengal, India. PP. 430-441 Accessed on 04. June.2012. 8.00pm
- **4.** Sow P.G, et.al.,(2012). International journal of pharmaceutical science and health care. vol.2 (2). "Barbering practices in Dakar; a potential risk of HIV transmission. Across-sectional study design". Accessed through www.rspublication. On 04.Janaury .2013. 6.00 pm.
- **5.** Dr. Dhruva. B. Joythi.(2013). International journal of scientific research. Vol.2 (1). "Social problems of Nayinda community: A A case study of Chitradurga district, Karnataka state" Retrieved from www.IJRS.org on 15.09.2014. 11.30am.
- **6.** Davangere district profile 2015. Retrieved from www.zpdavangere.kar.in. On 12.10.2016 on 11 pm.
- 7. Aharon Daniel. 2005. Aryans and Dravidians A controversial issue. P.2. Retrieved from http://adaniel.tripod.com. On 1.11.2016 pm 10.am.
- **8.** Opcit., Tapas Pal (2010). 433.
- **9.** Ibid., p.441.

## Editorial Board

#### Dr. SS Narta

Professor Department of Commerce, Himachal Pradesh University, Summerhill, Shimla – 171005, H.P., India.

#### Dr. Mamta Mokta

Professor Department of Public Administration, Himachal Pradesh University, Shimla, India.

#### **Prof. Shyam Lal Kaushal**

School of Management Studies Himachal Pradesh University, Shimla, India.

#### Dr. Durgesh Nandini

Associate Professor Department of Public Administration, IGNOU, Delhi, India.

#### Dr B. Mohan

Associate Professor in English S.V. College of Engineering and Technology Chittoor, Andhra Pradesh, India.

#### Dr. Dalbir Singh

Assistant Professor Haryana School of Business, G.J.U.S & T, Hisar, Haryana, India.

#### Dr. Sonia Sharma Uppal

P.G. Department of Commerce and Management Arya College, Ludhiana, India.

#### Nadeera Jayathunga

Senior Lecturer
Department of Social Sciences
Sabaragamuwa University, Belihuloya
Sri Lanka

#### Mrs. Sabina Dinesh Kumar

Assistant Lecturer Faculty of Management Studies & Comm. University of Jaffna, Sri Lanka

#### Jumana M. Elhafiz

Assistant Professor Department of Biochemistry, Shendi University, Ministry of Heath, Sudan

#### Dr. Sunil Kumar

Assistant Professor, Punjab School of Economics, Guru Nanak Dev University, Amritsar, Punjab, India

#### Dr. Ebele P. ifionu

Faculty, Department of Finance and Banking University of Port Harcourt, Nigeira

## Resign Process

Each research paper/article submitted to the journal is subject to the following reviewing process:

- Each research paper/article will be initially evaluated by the editor to check the quality of the research article for the journal. The editor may make use of ithenticate/Viper software to examine the originality of research articles received.
- 2. The articles passed through screening at this level will be forwarded to two referees for blind peer review.
- 3. At this stage, two referees will carefully review the research article, each of whom will make a recommendation to publish the article in its present form/modify/reject.
- 4. The review process may take one/two months.
- In case of acceptance of the article, journal reserves the right of making amendments in the final draft of the research paper to suit the journal's standard and requirement.

# Calegories

- Business Management
- Marketing
- Finance
- Insurance
- Human Resource & I.T.



# Published by

## **Trans Asian Research Journals**

SCO 34, Ist Floor, HUDA Market, Near Red Cross, Jagadhri - 135 003 (Haryana) INDIA Website: www.tarj.in

Our other publications:

Asian Journal of Multidimensional Research (AJMR)

ISSN (online) : 2278-4853