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THE EFFECTIVE METHODS OF TEACHING ENGLISH AS A FOREIGN LANGUAGE (TEFL)

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ABSTRACT

The current study was conducted in Shiekan locality North Kordofan state, Sudan during the period 2023-2025. The problem of the study was that investigating the effective methods of teaching English as a foreign language in secondary schools. The study aimed at investigating the characteristics of effective English language teachers and to identify to overcome the challenges of teaching English as a foreign language. The study followed the descriptive analytical approach where 60 teachers were randomly selected from the total population of 60 English language teachers in secondary schools in Shiekan locality. A questionnaire was designed and distributed to the teachers. Data were analyzed by SPSS program version (20) using descriptive statistics. Results demonstrated that 96.4% of the respondents agreed with the opinion that teachers prioritize modern methodologies. About 78.5% of teachers agreed about supportive classroom environment. While 89.2% agreed that teachers must creatively adapt materials to overcome resource limitations. And 96.4% validated the use of visuals (e.g., videos, pictures) to clarify complex concepts. The study concluded that the dynamic interplay between teacher adaptability, methodological innovation, and learner engagement in TEFL. By aligning global best practices with localized needs. The study recommended that engaging in Continuous Professional Development (CPD) to stay updated on CLT, TBLT, and technology integration while fostering learner-centered classrooms through group work, visual aids, and regular feedback.

KEYWORDS: Adaptability, Analytical, Demonstrated, Integration.

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